

The Spin



Colorado Safe Routes to School State Network

Volume 2, Issue 6

Gearing up for Back to School

Welcome to the *The Spin*, a monthly e-newsletter brought to you by the Colorado Safe Routes to School State Network.

As summer winds down, take a moment to read this month's edition of *The Spin* to learn more about ***Gearing up for Back to School***. Included in this issue are: information about the upcoming Walk to School Day event; highlights from the 4th Safe Routes to School National Conference; lesson plans that include bicycle and pedestrian skills; an important webinar date; safety information; and an activity challenge to participate in and fundraise for your school.

In This Issue

Stories from Schools

Walk to School Day is
October 9, 2013

The National Crosswalk

Successful Safe Routes to
School National Conference

Crusin' with CDOT

Lesson Plans for Walking
and Biking

Training Wheels and Webinars

Pedaling Programs and Funding Feet

Kidpower of Colorado
Activity Challenge to Fire Up
Your Feet

Stories from Schools

Walk to School Day is Right Around the Corner

Twenty-one schools across Colorado have already registered to participate in [Walk to School Day](#) on October 9, 2013. The primary intention of this one-day event is to bring awareness for the need of walkable communities in the United States. With growing participation all across the country, Walk to School Day celebrates the movement for Safe Routes to School with record breaking attendance each October. Last year, Colorado represented well with 211 official participants, placing us 4th nationally behind California, Florida and Michigan. Help grow



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the movement in Colorado- [click here](#) to learn more about registering your school and encourage others to do the same!

The National Crosswalk

Successful Safe Routes to School National Conference



Last week, hundreds of Safe Routes to School champions gathered in Sacramento, California to participate in the [4th Safe Routes to School National Conference](#). The conference included 60 sessions, 200 speakers, and a national audience of 650 people, making it the most robust SRTS conference to date. Colorado had a strong presence with Sandra Stenmark (Kaiser Permanente) speaking at the kick off plenary session titled, Building Partnerships to Grow the Walking Movement. Several other Colorado champions participated as panelists for Creative Funding for SRTS and Curriculum sessions. Stay tuned to the [Safe Routes to School National Partnership](#) for an official Safe Routes to School National Conference reflection.

Crusin' with CDOT

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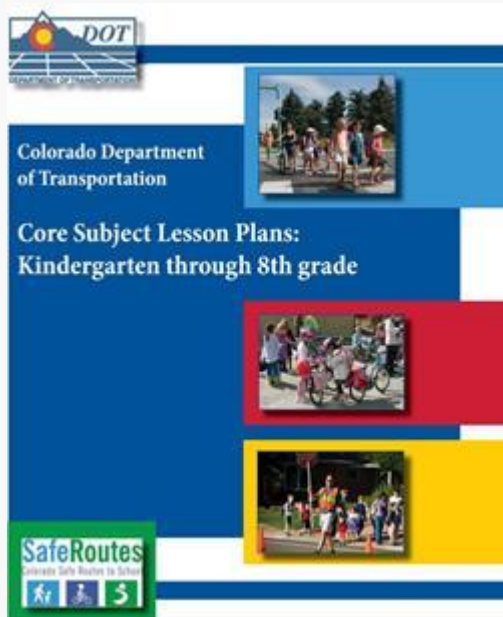
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biking through eighth grade and beyond.



Lesson Plans for Walking Biking

Expanding the opportunity for students to bicycle and pedestrian skills and lessons primary goal of [The Colorado Department Transportation's SRTS Program](#). To achieve this goal, CDOT created lesson plans that schools across the state can incorporate in core K-8 curriculum. These lesson plans align specifically with the of Colorado's education standards and been approved by the Colorado Department of Education. [Download](#) the lesson plans and encourage your school teach children the benefits of walking and

Training Wheels and Webinars

Do you struggle to engage your middle school youth in Safe Routes to School projects? [Register now](#) for the September 5, 2013 webinar titled, *Authentic Middle School Youth Engagement in Safe Routes to School*. Join the [Safe Routes to School National Partnership](#) and a panel of subject matter experts to learn about active transportation programs and practices that have proven successful with middle school students.



Pedaling Programs and Funding Feet

Kidpower of Colorado

Kidpower of Colorado is the local center of [Kidpower Teenpower Fullpower International](#), a nonprofit global leader in personal safety and violence prevention education. [Kidpower of Colorado](#) provides comprehensive safety education skills to children ages 3-18 (and adults with disabilities) and their families. Read this [article](#) for valuable safety recommendations regarding children walking and biking to and from school.



Activity Challenge to Fire Up Your Feet

Spend the month of September perfecting those safety skills for the October Activity Challenge brought to you by [Fire Up Your Feet Colorado](#). This challenge was designed to provide an incentive to Colorado schools (and PTA/PTOs) to engage students and parents to move more. Participating schools will be eligible for drawings to win up to \$1000 to improve gym equipment, provide bike racks, or create creative programs that get kids active. To get your school involved, [register here!](#)



*The purpose of the **Colorado Safe Routes to School State Network** is to facilitate two-way information sharing and connecting among communities and organizations in order to lift up what is working, identify new opportunities and galvanize support for policy and culture change that will increase the number of students walking and biking safely to and from school in every Colorado community.*

[LiveWell Colorado](#) serves as the lead facilitator for the Network. Other members of the Network's steering committee include: [Action for Healthy Kids](#), [Bicycle Colorado](#), [Children's Hospital Colorado](#), [Kaiser Permanente](#), [Safe Routes to School National Partnership](#), and subject matter experts.

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